

# Barnier Public School

Barnier Drive Quakers Hill NSW 2763  
Telephone: 9837 1600 Fax: 9837 1858



## Year 5 Interrelate Moving into the Teen Years Program

Dear Parents/Caregivers,

Interrelate Family Centres, in conjunction with Barnier Public School, is offering a course for students in **Year 5**. This fun and informative program explores the value of good communication within families and relationships, as a way of better understanding each other and reducing conflict. It provides students with a basic knowledge of male and female development at puberty, with an emphasis on developing a positive attitude to change.

### The Program

Three 90 minute sessions conducted during school hours. Students will attend sessions on the 28<sup>th</sup> of April, 5<sup>th</sup> of May and 12<sup>th</sup> of May.

#### Year 5 program focus-

- Acknowledge personal differences and promote respect for, and acceptance of, others
- Increase awareness of personal safety and protective behaviours
- Develop students' understanding of physical development at puberty, and provide strategies for managing these changes
- Discuss different types of relationships and strategies for managing conflict

#### ... and your assurance of quality

- Interrelate's fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program. Interrelate has more than 85 years' experience in this field and has a reputation for providing excellence in sexuality and relationship education.
- Today over 35,000 students and family members participate in Interrelate school and family programs each year.
- Interrelate is committed to protecting the privacy of clients (compliant with the Privacy Act 1998) and maintains an ongoing commitment to quality service delivery.

**Please Note:** The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

**Cost: \$45.00 per student, includes student workbook**

If you wish your child to attend please return the form below and payment to the payment box no later than **Friday 19<sup>th</sup> March (online payments close 6 pm Wednesday 17<sup>th</sup> March)**.

Stage 3 Teachers

Principal  
Mrs Mandy Hollis

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### Interrelate - Moving Into the Teen Years Program – Year 5

Please complete and place your payment envelope in the payment box located on the Administration building by **Friday 19<sup>th</sup> March 2021 (online by 6 pm Wednesday 17<sup>th</sup> March)**.

I wish to enrol my child \_\_\_\_\_ of class \_\_\_\_\_ in  
the Interrelate **"Moving into the Teen Years"** program.

☐ I have enclosed the correct amount of \$45.00

☐ I have made an online payment. My receipt number is \_\_\_\_\_

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_